Are you travelling to regions* of China affected by the novel coronavirus (2019-nCoV)?

1. Protect yourself from respiratory illness caused by the novel coronavirus (2019-nCoV)
   - Avoid close contact with (live or dead) farm or wild animals, animal, poultry, and seafood markets

2. Avoid contact with sick people suffering from acute respiratory symptoms

3. Take care of your personal hygiene:
   - Wash your hands often with soap and water or use an alcohol-based hand sanitizer
   - Cover your nose and mouth with a tissue during coughing or sneezing
   - Avoid touching your eyes, nose, and mouth with unwashed hands

4. If you become ill during travel, seek medical attention immediately and postpone your return trip until you have fully recovered

After returning from areas affected by novel coronavirus:

If within 14 days you develop:
- Fever (≥38°C) and
- Respiratory symptoms (e.g. cough, shortness of breath)

Seek medical attention and inform your doctor about your travel history or contact the National Public Health Organization (NPHO) (tel: +30 210 5212054)

*Reported first in Wuhan city